

Local support networks and services: Lambeth



Ideas for school initiatives

Food & Drink

Type of Help	Details	Find Out More
Host a FoodBank at School	Let out the school (for free) to a local foodbank. Willingness for this needs to be ascertained on a local level for both schools and the foodbanks	Contact Jessica Easton , the London Area Manager, who can introduce you to your local regional coordinator
Become a Collection Point for Local Foodbank	Allow students and families to donate food and other goods for the local foodbank	Contact Jessica Easton , the London Area Manager, who can introduce you to your local regional coordinator
Host a Community Meal	This can be done but needs a chef and project management support	Contact Sophie Tebbetts at Foodcycle

Finances & Housing

Type of Help	Details	Find Out More
Host a Citizens Advice Surgery	Schools may want to host a Citizens Advice surgery in a room at the end of the school day for parents and staff to access discreetly	Visit Citizens Advice
Sign Up to Be a 'Warmbank'	Could you offer your school to serve as a warmbank for at least some time during the week?	Find out more about whether and how to register as a warmbank at Warm Welcome
Offer to Host a Local Councillors' Surgery	Write to your local councillors offering the school for an after-school surgery with parents. They can help with a variety of local issues	Find your local councillors

Help for Care of Children & Older Adults

Type of Help	Details	Find Out More
Onside Youth Zones	Onside Youth Zones is a national charity aimed at young people who could be possible partners	Visit OnSide Youth Zones
Age UK	You can offer to open up the school to vulnerable older people	Visit Age UK

Help from National Organisations

Food & Drink

Type of Help	Details	Find Out More
Healthy Start	Help to Buy Healthy Food & Milk If Child Under 4	Visit NHS Healthy Start
Community Fridges	There are lots of Community Fridges opening up across the UK where you can receive free or very low cost food.	Visit Community Fridges
Food Waste Apps	Apps such as TooGoodToGo and Olio and Karma collect offers from local cafes and shops who will provide discounted food which they might otherwise throw away	Download apps such as TooGoodToGo , Karma or Olio on your smartphone and search near you

Finances & Housing

Type of Help	Details	Find Out More
Benefits Calculator	Turn2us has a benefits calculator to help you check if you are eligible for benefits or to make sure you are already receiving the right support. They can give free and confidential advice	Visit Turn2us
Reduced Cost Broadband	If you have broadband and are on certain benefits or looking for work, you may qualify for a reduced cost tariff	Find out more at Money Saving Expert
Possible Council Tax Discounts	Single parents, or carers, or families on a low income, could qualify for a discount on council tax	Find out more at Money Saving Expert
Energy Company Hardship Funds	Most energy companies have hardship funds for those struggling to meet bills	Find out what your supplier offers by visiting Money Saving Expert
Debt Management	If you are managing debt, Debt Free London have a free advice line where you get help on how best to manage, and get yourself out of, debt.	Visit Debt Free London
Stop Loan Sharks	For support and advice about illegal money lending	Visit Stop Loan Sharks

Help for Care of Children & Older Adults

Type of Help	Details	Find Out More
Help with Childcare	If your child is in childcare, and one of you is in employment, you may be able to receive help with childcare costs	Find out more at Money Saving Expert
Age UK Cost of Living Calculator	Age UK has a special cost-of-living section for help for those over 55	Visit Age UK
Project 17	Help for migrant children to get help regardless of status	Visit Project 17
Places of Welcome	Places of Welcome is a growing network of hospitality run by local community groups who want to make sure that everyone in their area has a place to go for a cup of tea, build community and meet new people.	Visit Places of Welcome

Local Government Help

Food & Drink

Organisation/Fund	Details	Find Out More
Healthy eating	Use this guide to help you make better food choices for healthier living, get information on our weight management service and access support for meals at home.	Visit Lambeth Council

Youth Services

Organisation/Fund	Details	Find Out More
Early Intervention and Prevention Services (EIPS) grants	Since it began in 2017, the EIPS consortium model has been successful in improving partnership working, providing better pathways for young people and bringing increased funding into the borough.	Visit Lambeth Council
Lambeth's SEND Local Offer	Whether you want to know about education, health, social care or how to prepare for adult life; whether you're a parent or carer, a young person or a professional, choose the path that's right for you.	Visit Lambeth Council
Help to keep young people safe	As a child or young person, you have a right to be safe in all environments, for example, at home, school, on the street and even on the internet	Visit Lambeth Council
Mental health for children and young people	Get help for children and young people up to the age of 18 who have mental health problems or development difficulties.	Visit Lambeth Council
Lambeth Made Youth Promise	Want help finding a course, getting work, an apprenticeship or just making the right choices, the Lambeth Made Youth Promise will support you there	Visit Lambeth Council

Finances & Housing

Organisation/Fund	Details	Find Out More
Help for Households	If you claim certain benefits or tax credits, you may be eligible for an extra payment to help with the cost of living. If you're eligible, payments will be made automatically.	Visit Help for Households
Save energy and keep warm in your home	This guidance includes advice on how to reduce your energy use, how to stay warm and highlights grants to make your home energy efficient.	Visit Lambeth Council
Warm Spaces	To support the community, we have partnered with the voluntary sector and other organisations to open a network of Warm Spaces across Lambeth that you can visit for free, relax, stay warm and meet others in the community.	Visit Lambeth Council
Help with paying your bill	If you are having trouble paying your Council Tax, there are lots of ways we can help you. You can apply for Council Tax Support, change your payment plan, or get financial advice.	Visit Lambeth Council
Housing Benefit	If you get income-based Jobseeker's Allowance (JSA) or income-related Employment and Support Allowance (ESA), guaranteed Pension Credit or Income Support, you may get your full eligible rent paid.	Visit Lambeth Council

Help for Care of Children & Older Adults

Organisation/Fund	Details	Find Out More
Which benefits can I get?	There are a range of benefits which can provide you with additional financial support if you have an illness or disability.	Visit Lambeth Council
Carers' Hub website.	A variety of services for carers are offered through the Carers' Hub website.	Visit Carers' Hub
Carer's assessment and care plan	An adult carer who cares for an adult with a disability, ill health or is elderly can request a carer's assessment to discuss the support or services you may need.	Visit Lambeth Council

Mental Health & Wellbeing

Organisation/Fund	Details	Find Out More
Lambeth Talking Therapies	Lambeth Talking Therapies Service is part of the Improving Access to Psychological Therapies service (IAPT). The service is available to anyone who is over the age of 18 and registered with a Lambeth GP	Visit Lambeth Talking Therapies
Lambeth Single Point of Access (SPA)	Lambeth Single Point of Access (SPA) is a team of mental health professionals, support workers and social workers	Visit Lambeth SPA
Lambeth's Educational Psychology Service	This service sits within Lambeth Council and is made up of Educational Psychologists who focus on promoting the development, learning and social and emotional wellbeing of children and young people.	If you think your child would benefit from involvement with an educational psychologist, talk to the special educational needs coordinator (SENCO) at your school or preschool setting

Local Organisations Which Can Help

Food & Drink

Organisation/Fund	Details	Find Out More
Find a foodbank	Brixton Advice Centre and the Lambeth Larder have also produced a directory of tips for healthy, cheap food, saving money and reducing waste.	Visit Lambeth Larder
Trussell Trust foodbanks	Trussell Trust foodbanks provide a minimum of three days' nutritional, non-perishable food.	Visit Trussell Trust

Local Youth Groups		
Organisation/Fund	Details	Find Out More
Lambeth's Youth and Play Team	Lambeth currently fund all year-round services from a vast number of organisations, of which 19 focus on improved mental health and wellbeing.	Visit Lambeth Council
Streatham Youth and Community Trust (Adventure Playground)	A part of the Lambeth Youth and Play team	Visit SYCT
Rathbone Youth Club	A part of the Lambeth Youth and Play team	Visit Rathbone Society
Finances & Housing		
Organisation/Fund	Details	Find Out More
Green Doctors	For 15 years we've been helping residents stay well and warm at home, and save money on their household bills.	Visit Green Doctors
Citizen's Advice	There will probably be times in your life when you're not sure what to do with your money or what decisions you need to make about your financial future.	Visit Citizen's Advice
FirstStop Care Advice Service	EAC and FirstStop have a range of online, and offline, information resources that are available to members of the public and professionals	Visit FirstStop
Independent Age	If you're struggling to make ends meet, there may be benefits you can claim and other ways to boost your income and save money on bills.	Visit Independent Age
Society of Later Life Advisers	Financial Support for elderly	Visit Society of Later Life Advisers
LEAP Lambeth	Support with housing and financial issues in Lambeth – including discounts on your water and electricity bills.	Visit LEAP Lambeth
Walcot Foundation	Sources of help, advice and information for Lambeth people in financial hardship	Visit Walcot Foundation

Help for Care of Children & Older Adults

Organisation/Fund	Details	Find Out More
Lambeth Early Action Partnership (LEAP)	Work is focussed on encompassing children's diet and nutrition, social and emotional wellbeing and communication and language.	Visit LEAP Lambeth
Empowering Parents, Empowering Communities (EPEC)	A training programme which trains local parents to run parents' groups for parents who experience difficulties with their children.	Email EPEC
Place2Be	Place2Be provides emotional and therapeutic services in primary and secondary schools, building children's resilience through talking, creative work and play.	Email Place2Be
ARCs service	ADHD and Related Conditions Service (ARCS) is a local charity working in partnership with parents and carers of young people, and the multidisciplinary ADHD Strategy Group within the Borough of Lambeth.	Visit ARCs Lambeth

Mental Health & Wellbeing

Organisation/Fund	Details	Find Out More
Mosaic Clubhouse	Mosaic Clubhouse supports people who are living with a mental health condition in the London Borough of Lambeth	Visit Mosaic Clubhouse
Brixton Advice Centre	The Brixton Advice Centre provides support for a range of legal, financial and personal worries.	Visit Brixton Advice Centre